

Common Tics of Tourette Syndrome*

Type of Tic	Motor	Vocal/Phonic		
<i>Simple</i>	Eye Blinking Eye Rolling Shoulder Shrugs Head Jerks Brushing or Tossing hair out of Eyes Mouth Opening Arm Extending Facial Grimaces Nose Twitching Lip-licking Squinting	Throat Clearing Grunting Yelling or Screaming Sniffing Barking Snorting Coughing	Spitting Squeaking Humming Whistling Honking Laughing	
<i>Complex</i>	Pulling at Clothes Touching People Touching Objects Smelling Fingers Smelling Objects Jumping or Skipping Poking or Jabbing Punching Kicking Hopping Kissing self or others Flapping arms Twirling around	Tensing Muscle Groups Thrusting Movements of groin or Torso Twirling Hair Walking on Toes Copropraxia: Sexually Touching Self Sexually Touching Others Obscene Gestures Echo Phenomena: Others' Actions One's own Actions Self- Injurious behaviors (e.g. , Biting, Hitting, Picking Skin or Scabs)	Making Animal-like Sounds Unusual Changes in Pitch or Volume of Voice Stuttering Echo Phenomena: Own Words or Sounds Others' Words or Sounds Coprolalia: Obscenities Socially Taboo Phrases	
<i>Internal</i>	Breathing Tics Bladder Tics Bowel Tics			

** Note: This list is not all-inclusive. Furthermore, any behavior or symptom may have alternative explanations in a child who has TS and other diagnoses such as Obsessive-Compulsive Disorder and/or Attention Deficit Hyperactivity Disorder. Differentially diagnosing any other symptom cannot be made without further study or information. Teachers or school personnel should contact the child's parents and treating professionals for assistance and guidance.*