

Child's Obsessions Checklist

General Information (optional)

Doctor/Therapist: _____

Parent: _____ Patient/Child: _____

E-mail: _____

CY-BOCS Obsessions Checklist. Check all symptoms that apply. (Items marked with an * may not be OCD.)

Current	Past	Contamination Obsessions
		Concern with dirt, germs, certain illness (e.g., AIDS)
		Concern or disgust with bodily waste or secretions (e.g., urine, feces, saliva)
		Excessive concern with environmental contaminants (e.g., asbestos, radiation, toxic waste)
		Excessive concern with household items (e.g., cleaners, solvents)
		Excessive concern about animals/insects
		Excessively bothered by sticky substances or residues
		Concerned will get ill because of contaminant
		Concern will get others ill by spreading contaminant (aggressive)
		No concern with consequences of contamination other than how it might feel
		Other (Describe)
Current	Past	Aggressive Obsessions
		Fear might harm self
		Fear might harm others
		Fear harm will come to self
		Fear harm will come to others (may be because of something child did or did not do)
		Violent or horrific images
		Fear of blurting out obscenities or insults
		Fear of doing something else embarrassing
		Fear will act on unwanted impulses (e.g. to stab a family member)
		Fear will steal things
		Fear will be responsible for something else terrible happening (e.g. fire, burglary, flood)
		Other (Describe)
Current	Past	Sexual Obsessions
		Ask the child, "Are you having any sexual thoughts?" If yes, "Are they routine or are they repetitive thoughts that you would rather not have or find disturbing" If yes, "Are they..."
		Forbidden or perverse sexual thoughts, images, or impulses
		Content involves homosexuality
		Sexual behavior towards others (aggressive)
		Other (Describe)

Current	Past	Hoarding/Saving Obsessions
		Fear of losing things
		Other (Describe)
Current	Past	Magical Thoughts/Superstitious Obsessions
		Lucky/unlucky numbers, colors, words
		Other (Describe)
Current	Past	Somatic Obsessions
		Excessive concern with illness or disease
		Excessive concern with body part or aspect of appearance (e.g. dysmorphophobia)
		Other (Describe)
Current	Past	Religious Obsessions
		Excessive concern or fear of offending religious objects (God)
		Excessive concern with right/wrong, morality
		Other (Describe)
Current	Past	Miscellaneous Obsessions
		The need to know or remember
		Fear of saying certain things
		Fear of not saying just the right thing
		Intrusive (non-violent) images
		Intrusive sounds, words, music or numbers
		Other (Describe)

Target symptom list for Obsessions

Please list the four most severe obsessions, in order of severity (with # 1 being the most severe, etc.)

1.
2.
3.
4.